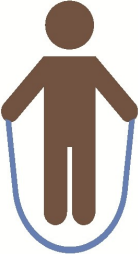




This week's activities:

BE FIT. HAVE FUN.

	SUN	MON	TUE	WED	THU	FRI	SAT
			<ul style="list-style-type: none"> • Yoga 8:45 am • Spinning 10am 	<ul style="list-style-type: none"> • Kickboxing 8:45am 	<ul style="list-style-type: none"> • Yoga 8:45 am • Spinning 10am 		
		<ul style="list-style-type: none"> • Lap Swim Only 8:30—9:30am • Water Aerobics 10am 	<ul style="list-style-type: none"> • Lap Swim Only 8:30—9:30am • Swim Lessons 2pm—Beginner 2:30pm—Intermediate • Water Aerobics 5pm 	<ul style="list-style-type: none"> • Lap Swim Only 8:30—9:30am • Water Aerobics 10am 	<ul style="list-style-type: none"> • Lap Swim Only 8:30—9:30am • Water Aerobics 5pm 	<ul style="list-style-type: none"> • Lap Swim Only 8:30—9:30am • Water Aerobics 10am 	<ul style="list-style-type: none"> • Water Aerobics 9am • Swim Lessons 10am—Beginner 10:30am—Intermediate
		<ul style="list-style-type: none"> • Gym Reserved 8:30am—12:00pm • Gym Reserved Biddy Ball 4:00PM-8:00PM (through March 17) 	<ul style="list-style-type: none"> • Pickleball Open Play 8—11am • Gym Reserved 4:00PM-8:00PM (through March 17) 	<ul style="list-style-type: none"> • Gym Reserved 8:30am—12:00pm • Gym Reserved 4:00PM-8:00PM (through March 17) 	<ul style="list-style-type: none"> • Pickleball Open Play 8—11am • Gym Reserved 4:00PM-8:00PM (through March 17) 	<ul style="list-style-type: none"> • Gym Reserved 4:00PM-8:00PM (through March 17) 	<ul style="list-style-type: none"> • Gym Reserved 4:00PM-8:00PM (through March 17)



Fitness Department 509.447.7170 / Membership Services 509.447.7122

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