

Theda New Breast



Theda is a founding board member and master trainer/facilitator for the Native Wellness Institute (NWI). She is one of the pioneers in the Native training field and an original committee member for the Men's and Women's Wellness gatherings. Theda has been a leading authority on Indigenous cultural resilience throughout North America and abroad and has worked with over 500 tribes, villages, Rancherias, pueblos and urban Native centers in 34 years on proactive healing from historical trauma, post traumatic growth, mental health healing, and sobriety/recovery/adult child of alcoholic (ACOA). She is the co-founder and co-writer of the GONA (Gathering of Native Americans) curriculum, one of the ten effective practices and models in communities of color. Theda has facilitated hundreds of trainings and strategic planning sessions throughout North America. She lives on the Blackfeet Reservation in Northern

Montana and is a Khan-nat-tso-miitah (Crazy Dog) Society member, herbalist, Sun dancer, pipe carrier, and lives as Niitsitapi, like all her ancestors for thousands of years. In 2013, The Red Nations Film Festival Honored Theda with a Humanitarian Award for her lifetime of healing work with tribes and with a Red Nations statuette for her documentary short called, "Why the Women in My Family Don't Drink Whiskey." The Blackfeet Tribal Council has recognized her leadership skills and appointed her unanimously to The Board of Trustees for Blackfeet Community College for years 2014-2017.

Loretta Watt



Miss Loretta Watt "Kast Xast Taqamilxq" (Bad Good Woman) is a tribal member of the Colville Confederated Tribe. She has been a traditional storyteller for thirty years. She is a member of the Basket Weaver Association. She has taught basket making in schools and enjoys teaching the next generation the culture and traditions of her tribe. Basket making is a therapeutic activity for people of all ages and utilizes the skill of mindfulness.



Danica Brown



Danica Love Brown, MSW, PhD, is a citizen of the Choctaw Nation of Oklahoma born and raised in Northern New Mexico. She has worked as a mental health and substance abuse counselor, social worker and youth advocate for over 20 years. She has a history of working in the areas of prevention, drug and alcohol/mental health treatment, community and restorative justice, and sexual health with Native American and adjudicated youth. She specializes in working with culturally and socio-economically diverse populations and Tribal communities. Danica is an Indigenous Wellness Research Institute ISMART fellow alumni, Council of Social Work Education, Minority Fellowship Program fellow alumni and Northwest Native American Research Center for Health, Fellow. Her research has focused on Indigenous Ways of Knowing and Decolonizing Methodologies to address historical trauma and health disparities in Tribal communities and she loves puppies. Currently she is the Behavioral Health

Manager at the Northwest Portland Area Indian Health Board, working on the Tribal Opioid Response and Northwest Juvenile Justice Alliance Projects.

Cecilia Firethunder



Cecelia left the reservation when she was 15 years old but returned home in 1987. South Dakota-born, she was given the Lakota name of Good Hearted Woman. She is a licensed nurse, widely known as an advocate for wellness and women's issues, and for her unique way of reaching the hearts of communities and people. Cecelia has co-written several healing and wellness curricula including the Gathering of Native Americans (GONA) for CSAP. She has presented at over 50 national conference in the US and Canada. Cecelia is presently the Board President for KILI Radio and hosts the community healing programs. She is a Board member for the Native Wellness Institute and is instrumental in bringing wellness gatherings to Indian Country. Her skills include superior translation of English to Lakota, and she is recognized internationally for her traditional doll making. Cecelia's humor, tears, hugs, hope, encouragement, and care have helped others begin their journey to wellness and balance.



Isabella Duguay



Ms. Duguay has a Master's Degree in Clinical Psychology from the University of Moncton (1999), Moncton Canada and a Bachelor's Degree in Psychology from the University of Montreal (1995), Canada. Her clinical expertise includes Addiction, Problem Gambling, Anxiety, Mood Disorders, Motivational Interviewing (MI), Motivational enhancement, as well as short-term, goal-directed therapy. She is a Licensed Psychologist in Quebec, Canada and Licensed Clinical Professional Counselor (LCPC) in Illinois, a Licensed Professional Certified Counselor (LPCC) in Minnesota with extensive training in the diagnosis, referral and treatment of addictive illness, including those of alcohol/drugs and Problem Gambling.

Ms. Duguay has extensive experience in establishing and implementing protocols and treatment programs in Problem Gambling and in behavior change. She has developed Training materials in the Montreal (Canada) area to train health care providers as well as therapist in Problem Gambling and PTSD. Ms. Duguay has served as a counselor for a rehabilitation center for more than 5 years and was the clinical supervisor for the Problem Gambling team. Ms. Duguay has experience working with private and public employers developing services for the problem gambling population.

Shannon Solie



I graduated with a Master of Arts in Psychology from Seattle University where I studied existential-phenomenological psychology, a humanistic approach to the human condition based in philosophy. I have a Bachelor of Arts in Psychology from the University of Washington with an emphasis in the Bio-psychology of women. These programs as well as my professional background have provided diverse education in the human condition and how we all move through the world.

I have spent the past seven years as a sexuality educator, teaching workshops on sexual pleasure and health in the Seattle area. I created a post-cancer sexuality workshop that I have presented to medical professionals and patients at local hospitals and clinics. I lead intimacy workshops and discussion groups in the Seattle area as well. I enjoy working with clients who are going through life transitions including: medical diagnoses, pregnancy and parenting, graduation and career changes, retirement, relationship changes, trauma, and grief and loss.



Rebecca Kase



Rebecca Kase is a licensed clinical social worker and yoga instructor in Denver CO. She is a trauma expert and trains professionals across the country in topics related to Trauma Focused Treatment, Trauma Informed Care and Vicarious Trauma. Rebecca is an EMDR Basic Trainer and also the Director of Community Relations for Heart Centered Counseling in Denver, where she sees clients. She has experience working with a variety of populations and settings including community mental health, non-profit shelters and crisis teams, private practice, children and adolescents and the elderly. She currently sees adults a few days a week in her clinical practice and facilitates a great deal of consultation and supervision for professionals throughout the week, in addition to professional trainings. Rebecca also facilitates yoga workshops and retreats, and is an avid and devoted yogi herself.

Ian Carbajal



Born in Magdalena Sonora Mexico and raised in Douglas Arizona, I grew up in a diverse environment that has gifted me with flavorful culture. My experiences are broad in what I like to describe as the best and worst of two worlds. After graduating high school in Douglas Arizona, I pursued higher learning at the University of Northern Arizona, NAU, where I earned a Bachelor's degree in Criminal Justice minoring in Fine Arts with a concentration in ceramics. A Master of Arts degree in Interdisciplinary Studies, Expressive Arts and Creative Writing, followed years after. Currently, I have been teaching ceramics at a community college, Cochise College, for the past eleven years. In addition to teaching ceramics for Cochise College, I also worked for a behavioral health agency that provided an array of services focused on art as the primary tool for recovery and empowerment. Art has been a significant part of my life and has taught me how to connect with hundreds of people of all types of cultures. My interpretation of the arts is expression, recovery, growth, peace, struggle, and the human spirit.



Joletta Belton



Joletta Belton is cofounder of the Endless Possibilities Initiative, a nonprofit with a mission of empowering people with pain to live well. She also blogs at MyCuppaJo.com, where she makes sense of her experiences with pain and recovery through science and stories. Both projects were born of her experiences living with chronic pain, which forced her to medically retire from her career as a firefighter paramedic. Her desire to understand her pain led her back to graduate school, where she earned her MSc in human movement and studied pain science as her research focus. She shares what she has learned through the lens of personal story and explores practical, science-based strategies that help health care professionals empower people living with pain to heal and live well.

Dr. Lonnie Nelson



Dr. Lonnie Nelson (descendant of the Eastern Band of Cherokee Indians) earned his PhD in Clinical Psychology from the University of Arizona in 2004, and completed a postdoctoral fellowship in Rehabilitation Psychology at University of Washington's Harborview Medical Center from 2004-2005. After completing the National Institutes on Aging funded Native Investigator Development Program, jointly administered by the University of Colorado and University of Washington, he joined the Defense and Veterans Brain Injury Center in 2007. His primary research focus in this role was the recovery of cognitive functioning following traumatic brain injury through interventions leveraging neuroplasticity. In 2012, he returned to the field of Native health disparities through the Patient Centered Outcomes Research Career Development Award (K12) at the University of Washington School of Public Health.

Dr. Nelson joined the Washington State University College of Nursing in 2015. Within the WSU Initiative for Research and Education to Advance Community Health (IREACH), he works with his colleagues at Partnerships for Native Health to address health disparities experienced by American Indian and Alaska Native communities through multiple avenues. His current research interests focus on the elimination of health disparities in urban dwelling and other Native populations through the application of culturally adapted evidence-based interventions and other patient centered approaches to changing health behaviors, such as motivational interviewing and harm reduction treatment. Outside of work, he enjoys making and using traditional archery tools and spending time with his 3 year old daughter, Amelia.



Susan Collins



Susan E. Collins, PhD, is a licensed clinical psychologist, Associate Professor, and co-director of the Harm Reduction Research and Treatment (HaRRT) Center at the University of Washington – Harborview Medical Center. She has been involved in substance use research, assessment and treatment for over 2 decades and has disseminated this work in over 60 book chapters, abstracts and peer-reviewed articles. In the HaRRT Center, she works with a multidisciplinary research and clinical team, community-based agencies, traditional Native healers, and substance-using community members to co-develop and evaluate interventions that aim to reduce substance-related harm and improve quality of life for people who use substances and their communities. She also serves as a provider and director of the Harm Reduction Treatment Track at Harborview Medical Center's Mental Health and Addiction Services. In 2013, Dr. Collins received the G. Alan Marlatt Memorial Research Award for her

contributions to alcohol research. In 2015, she was invited to speak on her work at the White House and was honored with the New Investigator Award for her Harm Reduction Treatment development in the University of Washington Science-in-Medicine Lecture Series.

LoVina Louie



LoVina Louie is schitsu'umsh (Coeur d' Alene) Tribe, nselxcin (Okanogan/Colville), Nimipu (Nez Perce) she is a descendant of Chief Morris Antelope of the schitsu'umsh and Chief Manuel Louie of the Inkaneep Band in Oliver BC Canada.

a. She is a graduate of the University of Idaho where she received her Bachelors in Organizational Sciences with an emphasis in Community and Tribal Wellness. She was recently featured on Lifetime Movie Network 50 Women in 50 States and a speaker at the TEDx Coeur d'Alene event. LoVina is a board member for the Native Wellness Institute, a national trainer and facilitator in youth leadership development, strategic planning, family constellations and community healing and wellness

planning. She also has certifications from the Healthy Native Communities Fellowship. She has worked with youth and adults in wellness and healing for over twenty years throughout North America. LoVina is the visionary behind the newly developed and revolutionary exercise series "Powwow Sweat" and co-directed the American Indian Film Festival and Red Nation Film Festival award winning music video "We Shall Remain." She spent a year in Australia as an exchange student during high school and the land and people continue to hold a special place



in her heart. As a former Miss Indian World she travelled to hundreds of tribal communities and this experience expanded her world view and desire to help all Indigenous people. LoVina is a wife, mother, grandmother, daughter, sister, friend and an amazing human being. Her passion and zest for life is infectious.

Doris Gundersen



Dr. Gundersen graduated from the University of Texas with a Bachelor of Science degree in engineering in 1981. She attended medical school at the University of Texas Health Sciences Center in San Antonio, Texas receiving her degree in 1989. She completed a residency training program in adult psychiatry and the University of Colorado Health Sciences Center in 1990 and obtained added qualifications in forensic psychiatry in 1998.

Dr. Gundersen maintains a private practice in adult and forensic psychiatry in Denver, Colorado. She is an Assistant Clinical Professor in the Department of Psychiatry at the University of Colorado where she teaches medical students, residents and fellows. She is also the current medical director at the Colorado Physician Health Program where she has provided clinical, teaching and research contributions for twenty years. She holds a Supreme Court of Colorado appointment, serving on the Character and Fitness Committee of the office of Attorney Regulation Counsel, providing psychiatric expertise in assessing attorney fitness for duty. To balance the demands of professional life, Dr. Gundersen runs marathons, hikes in the Rocky Mountains and bikes rugged trails. She is an avid reader, film buff and likes rock and roll. She is tackling her bucket list of visiting exotic destinations all over the world.

SleepyEye LaFromboise

Danielle Cannon

Morgan Fawcett

